

## ADVENTURE

# HIGHER SESSIONS

### AIM

In this session, we are aiming to study the following:

You were created with a purpose

Through relationship with God you can join him in the greatest adventure

### DESCRIPTION

This session is 6 of 6 and is the last session of the course. It is designed to set up the best adventure the young people will ever go on. Following God!

This session is designed to help the young people realise they are loved and created with a unique purpose in mind. Through relationship with God, he will invite them to join him in the greatest adventure ever journeyed. This session also sets up the next six sessions of spiritual formation.

*All Higher sessions are designed to be used as part of a 6 session follow up program in schools, youth groups or other*

youth work situations with new Christians or young people exploring faith. It has been created with the understanding that this is the start of the journey and should be delivered in an engaging and relevant way.

## PRAYER

Jesus your good news is so good. Thank you for saving me!

I pray that today as we finish our course looking at the foundations of what it means to follow you, that you would give us a burning passion to go on a life long adventure with you. Show us what an adventure with you could look like.

Amen



### Adventure - Intro

**Time:**1 min

**Materials:**

Welcome the group and make sure they feel safe and wanted as they explore this sessions topic.

#### Example opener:

*“Welcome back to Adventure sessions, we are so excited you are here, continuing your first steps into what it means to have faith in God.*

*Today we are going to be chatting about the adventure God has lined up for you!*

*Wherever you are today in your relationship with God, this is the right place for you!*

*It’s all about asking questions, and getting to the bottom of what we mean by ‘God has an adventure for you.’”*



### Adventure - Do & review

**Time:**4 min

**Materials:**

Review with the group how they got on in last sessions **DO** activity.

Last session had two ideas for what the young people could go away and do from the session.

Send them to [higherbible.com](https://higherbible.com) and sign up to receive the email updates to help them read Mark

Try reading a bit of the Bible everyday. Make sure it is appropriate for your group and you don’t set the bar too low or too high. The main aim is just to start reading the words on the page.

Get them to share their experiences and encourage them if they need it to either try again this week if they didn’t do

anything or to keep doing the different things they are challenged to do.



### **Adventure - Media**

**Time:5 min**

**Materials:**

- **laptop with projector and sound**

This combined video and chat section is aimed at opening up the group to the theme of the session.

Are you ready to jump in fully? Are you ready for the adventure?

Play the group 'The Adventure' AAA sessions video

click on this link <https://vimeo.com/154979326>

Or search '**The Adventure AAA sessions**' on '**vimeo.com**'

After showing the video ask the group

**What do you think might stop you from jumping?**

**Sam in the video didn't mind jumping, do you think he was scared?**



### **Adventure - Chat**

**Time:3 min**

**Materials:**

This chat time is to get the young people talking about some of their own adventures and make sure we are all on the same page with the word adventure.

- What does the word adventure mean to you?
- Have you been on any adventures recently?
- When Peter walked on water do you think he was scared? Or do you think he was up for the adventure of following Jesus?

If this doesn't work use some examples or ask them to think about what adventure means to other people like Bear Grills.



### Adventure - Explore

**Time:4 min**

**Materials:**

This is designed to help the young people explore and start to expand their horizons of what an adventure could look like.

You have been given a pot of cash and some time to make a plan for your family or friends to go on a big adventure.

- What would it look like?
- Would there be any scary bits? Fun bits? Relaxing or mental bits?



### Adventure - Media 2

**Time:5 min**

**Materials:**

- **laptop with projector and sound**

This video clip links to the teaching from John 10:10

<https://www.youtube.com/watch?v=vLT3A0a3hoQ>

Search 'people are awesome 2015' in youtube to find it

After showing the video ask a few questions to the group to help link back to the next verse

- What happens after the video finishes?
- Such an amazing sequence of people being amazing, which was your favourite bit?
- Do you think they were living an adventure?
- So what happens when they die? They had a great adventure but for what purpose?

#### **Example link to teaching**

*"Our relationship with God has the same level of adventure and awesomeness as the clip does, but with eternal consequences."*



### Adventure - Teaching

**Time:2 min**

**Materials:**

- **Bibles**

This teaching slot is to remind and re-iterate that this adventure is one of life and of living life to the full.

John 10:10

*The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.*

**Example:**

*"God came to give life and life to the full. This life is found through a relationship with God. After we have this He starts to show us what this means and shows us life to the full. Not only this, but he helps us to live it out by the power of the Spirit so we can have this massively life long adventure!"*



**Adventure - Explore 2**

**Time:5 min**

**Materials:**

- **PDF words to define the life we have in God**
- **scissors**

This part of the session is to start thinking about how different what God would want their life to look like as we go on this adventure.

Get the young people to match up the words with their other half. One half is God's life and the other half is the opposite.

- Joy not sorrow
- Hope not despair
- Peace not chaos
- Sonship not orphan
- Light not darkness
- Freedom not slaves
- Created not accident
- Purpose not meaningless
- Life not death
- Love not unloved
- Whole not broken
- Found not lost
- Powerful not powerless



**Adventure - Teaching 2**

**Time:4 min**

**Materials:**

This teaching part is about helping the young people realise that God gives us a personal call not a generic call to follow him.

**Example intro:**

*“Jesus gave a personal call to the disciples when they were fishing (Mark 1). He saw what they were doing, and then asked them to become fishers of men. He was so personal that he tailored his words to match up with what the fishermen would have understood. He also invited them to join him on the biggest adventure of their lives that would change them and the world for ever!”*

After you have introduced the teaching slot pull out something that the group is interested in and use it to give an example of the point above. For example if you have some guys and girls who like football you could say:

*“Jesus might say to you guys who like football, that he wants you to score goals for Jesus and join His team. Rather than trying to tackle Christians and defend your goal, He is asking you to join His team and become the best striker in the league. He wants you to win games and situations for Jesus team!”*

God wants to give you a personal call and purpose to your life like he did with the fishermen.

What do you think about that? Can you think of how else Jesus might have worded the call that He gave to the disciples in Mark?



**Adventure - Chat 2**

**Time:5 min**

**Materials:**

- **pen**
- **paper**

This chat time is to start to hear what the young people are passionate about and the things that God might want them to have an adventure with. Make sure as you talk about this topic you help young people that don't have a clear idea yet understand that God does have a plan for them and that he will show them it over the course of their lifetime.

Write out your own sentence about what you think your purpose and personal call might be like Jesus gave the disciples.

- What have you written down?
- Are you passionate about anything?

As leaders you could talk about what you are passionate about to help show the young people how this works out. Your stories are really powerful too!



### **Adventure - Media 3**

**Time:4 min**

**Materials:**

- **laptop with projector and sound**

This is a clip where they will see something that doesn't seem to make sense and isn't what most people would think a bike is designed for.

<https://www.youtube.com/watch?v=IDi9uFcD7XI>

This clip is all about pushing the boundaries of what people thought was possible. Who would have thought that a motorbike could go on water, let alone surf a wave!

Life with God is like this. There are loads of possibilities and he has given us the tools we need. We just have to decide whether or not we want to try and go on the adventure.



### **Adventure - Teaching 3**

**Time:3 min**

**Materials:**

This teaching slot is a chance to be real with the young people and explain how this adventure is great.

We suggest you share from your own story. Talk about how it's not always safe, easy or successful. You could even look to get a visitor in to share about their experiences.



### **Adventure - Prayer**

**Time:3 min**

**Materials:**

This prayer session is designed to be slightly more open than other prayer slots in the other sessions. As the young people begin to look at their own situations, this will hopefully inspire some of the prayer points.

Task the group to pray for their mates and their on going journey with God.

This could take the shape of writing it down, praying out loud, or they give you the leader some ideas of what to pray about. The most important thing at this stage is to start encouraging them to lead each other and themselves in this area.



### **Adventure - Do**

**Time:5 min**

**Materials:**

This is the last **Do** of the course and is designed to encourage the young people to go to church and to bring people with them.

Invite your mate along to church/youth group and invite them on the adventure with you!

As a youth team you will have to help them and have a plan about how best to guide the young people through this process.



### **Adventure - Conclusion**

**Time:1 min**

**Materials:**

Wrap up this session and point people to the Higher course.

*“This is the end of the first course laying some of the foundations of what it means to be a follower of Jesus.*

*The next 6 sessions we are doing together are all about getting the fuel we need for the adventure. You would never dream of leaving the house on a massive adventure without taking supplies and the right equipment.*

*Stick around to keep journeying together in figuring out more and tooling up for the adventure ahead.”*